4.3QT AIR FRYER
Instruction Manual
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# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Important Safeguards</td>
<td>2-3</td>
</tr>
<tr>
<td>Additional Important Safeguards</td>
<td>4-5</td>
</tr>
<tr>
<td>Notes on the Plug</td>
<td>5</td>
</tr>
<tr>
<td>Notes on the cord</td>
<td>6</td>
</tr>
<tr>
<td>Plasticizer Warning</td>
<td>6</td>
</tr>
<tr>
<td>Electric Power</td>
<td>6</td>
</tr>
<tr>
<td>Getting to Know Your Air Fryer</td>
<td>7</td>
</tr>
<tr>
<td>Control Dials</td>
<td>8</td>
</tr>
<tr>
<td>Temperature Control Dial</td>
<td>8</td>
</tr>
<tr>
<td>30 Minute Countdown Timer Dial</td>
<td>8</td>
</tr>
<tr>
<td>Before Using for the First Time</td>
<td>9</td>
</tr>
<tr>
<td>Operating Instructions</td>
<td>9-11</td>
</tr>
<tr>
<td>Helpful Hints</td>
<td>11</td>
</tr>
<tr>
<td>Air Frying Chart</td>
<td>12-13</td>
</tr>
<tr>
<td>Please note</td>
<td>14</td>
</tr>
<tr>
<td>User Maintenance Instructions</td>
<td>14</td>
</tr>
<tr>
<td>Care &amp; Cleaning Instructions</td>
<td>14</td>
</tr>
<tr>
<td>Storing Instructions</td>
<td>14</td>
</tr>
<tr>
<td>Recipes</td>
<td>15-25</td>
</tr>
<tr>
<td>Warranty</td>
<td>26-27</td>
</tr>
</tbody>
</table>
IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed, including the following:

1. READ ALL INSTRUCTIONS.

2. Do not touch hot surfaces. Use handles or knobs. Use oven mitts or potholders.

3. To protect against electric shock do not immerse cord, plugs, or appliance in water or other liquid.

4. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

5. Children should be supervised to ensure that they do not play with the appliance.

6. Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts, and before cleaning the appliance.

7. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions, or has been damaged in any manner. Bring it to a qualified technician for examination, repair or electrical or mechanical adjustment.

8. The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.

9. Do not use outdoors.
10. Do not let cord hang over edge of table or counter, or touch hot surfaces.

11. Do not place on or near a hot gas or electric burner, or in a heated oven.

12. Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.

13. Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to “off”, then remove plug from wall outlet.

14. Do not use appliance for other than intended use.

15. Do not clean with metal scouring pads. Pieces can break off the pad and touch electrical parts, creating a risk of electric shock.

16. Always make sure frying basket is fully closed, with frying basket secured in the appliance while Air Fryer is in operation. **WARNING:** Air Fryer will not operate unless frying basket is fully closed. **CAUTION:** After hot air frying, the frying basket and the cooked foods are hot. Extreme caution must be used when handling the hot Air Fryer basket.

FOR HOUSEHOLD USE ONLY
ADDITIONAL IMPORTANT SAFEGUARDS

CAUTION HOT SURFACES: This appliance generates heat and escaping steam during use. Proper precautions must be taken to prevent the risk of burns, fires, or other injury to persons or damage to property.

CAUTION: This appliance is hot during operation and retains heat for some time after turning OFF. Always use oven mitts when handling hot materials and allow metal parts to cool before cleaning. Do not place anything on top of the appliance while it is operating or while it is hot.

1. All users of this appliance must read and understand this instruction manual before operating or cleaning this appliance.

2. The cord to this appliance should be plugged into a 120V AC electrical outlet only.

3. If this appliance begins to malfunction during use, immediately unplug the cord. Do not use or attempt to repair the malfunctioning appliance.

4. Do not leave this appliance unattended during use.

5. Do not immerse power cord in any liquid. If the power cord to this appliance is damaged, it must be replaced by contacting Consumer Service.

6. Keep the cord out of reach from children and infants to avoid the risk of electric shock and choking.

7. Place the Air Fryer on a flat, heat-resistant work area.

8. Do not obstruct the air outlet or air inlets on the back and sides of the Air Fryer, with any objects. Avoid escaping steam from the air outlet during air frying.
9. Keep appliance at least 4 inches away from walls or other objects during operation.

10. Always use the frying basket handle to open frying basket.

   **WARNING:** After air frying, make sure to place the frying basket on a flat, heat-resistant surface before pressing the basket release button.

11. **WARNING:** Under- or over-filling the frying basket may damage the Air Fryer and could result in serious personal injury.

12. Never move a hot Air Fryer or an Air Fryer containing hot food. Allow to cool before moving.

**SAVE THESE INSTRUCTIONS**

**NOTES ON THE PLUG**

This appliance has a polarized plug (one blade is wider than the other). To reduce the risk of electric shock, this plug will fit in a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not modify the plug in any way.
NOTES ON THE CORD

A. A short power-supply cord (or detachable power-supply cord) is to be provided to reduce the risk resulting from becoming entangled in or tripping over a longer cord.

B. Longer detachable power-supply cords or extension cords are available and may be used if care is exercised in their use.

C. If a long detachable power-supply cord or extension cord is used:
   1. The marked electrical rating of the cord or extension cord should be at least as great as the electrical rating of the appliance;
   2. If the appliance is of the grounded type, the extension cord should be a grounding-type 3-wire cord.
   3. The longer cord should be arranged so that it does not drape over the countertop or table top where it can be pulled on by children or tripped over unintentionally.

PLASTICIZER WARNING

CAUTION: To prevent Plasticizers from migrating to the finish of the counter top or table top or other furniture, place NON-PLASTIC coasters or place mats between the appliance and the finish of the counter top or table top. Failure to do so may cause the finish to darken; permanent blemishes may occur or stains can appear.

ELECTRIC POWER

If the electrical circuit is overloaded with other appliances, your appliance may not operate properly. It should be operated on a separate electrical circuit from other appliances.
Getting to Know Your Air Fryer
Product may vary slightly from illustrations.

Figure 1

- 30 Minute Timer Dial
- Temperature Control Dial (175 °F - 400 °F)
- Blue HEAT ON Light
- Red POWER Light
- Air inlet
- Crisping Tray
- Frying Basket
- Cool Touch Frying Basket Handle
- Power Cord with Polarized Plug
Control Dials

Temperature Control Dial

- Select air frying temperatures from 175°F to 400°F. Temperatures can be adjusted at any time.

- The blue HEAT ON light will turn off once the set temperature is reached.

- The blue HEAT ON light and heating element cycle on and off to maintain the selected temperature.

30 Minute Countdown Timer Dial

- Once the timer dial is set, the red POWER light will illuminate to show the Air Fryer is powered on.

- To assure even cooking/browning, open the frying basket halfway through the cooking time. Check, turn or vigorously shake food.

   **IMPORTANT:** When you pull the basket out from the Air Fryer body, the red POWER light and the Air Fryer will turn OFF. The timer will continue to count down when the basket is opened.

- Heating will resume when the basket is replaced.

- One beep will sound when the set air frying time has reached 0. The Air Fryer will turn OFF automatically. Both the red POWER light and the blue HEAT ON light will turn off.

   **IMPORTANT:** When all air frying is finished, turn both the temperature control dial and the timer dial to 0 (OFF). Unplug the Air Fryer when not in use.
Before Using for the First Time

1. Your Air Fryer is shipped with the frying basket secured into the appliance, inside the Air Fryer body. Firmly grasp the frying basket handle to open the frying basket; then remove the basket from the machine and place on a flat, clean work area.

2. Remove all packing material and labels from the inside and outside of the Air Fryer. Check that there is no packaging underneath and around the frying basket.

3. Wash frying basket and crisping tray in hot, soapy water.

4. **DO NOT IMMERSE THE AIR FRYER BODY IN WATER.** Wipe Air Fryer body with a damp cloth. Dry all parts thoroughly.

5. Using the center hole of the crisping tray, drop the tray down so that the 3 rubber side grips fit snugly in place in the base of the basket. (See figure 2) Always use the center hole of the crisping tray to remove the crisping tray from the frying basket.

6. Insert and secure the clean frying basket into the front of the air fryer.

Operating Instructions

**WARNING!** This unit should not be used to boil water.

**NOTE:** During first use, the Air Fryer may emit a slight odor. This is normal.

1. Place the Air Fryer on a flat, heat-resistant work area, close to an electrical outlet.

2. Firmly grasp the frying basket handle to open frying basket; then remove the basket from the machine and place on a flat, clean surface.

3. Place food into the into the Air Fryer basket, on top of the crisping tray. Always make sure frying basket is fully closed.

4. Plug cord in the wall outlet.
5. Select air frying temperature from 175 °F to 400 °F.

6. Turn timer dial to the desired air frying time plus 3 minutes for preheat if the Air Fryer is cold. The blue HEAT ON light and the red POWER light will illuminate; the Air Fryer will begin heating.

**IMPORTANT:** The Air Fryer will not heat if the timer dial has not been set.
**WARNING:** Air Fryer will not heat -- the red POWER light will remain off, until frying basket is fully closed.

7. The blue HEAT ON light will turn off when set temperature is reached.

**NOTE:** During air frying, the blue HEAT ON light will cycle on and off as proper air frying temperature is maintained.

8. To assure even cooking/browning, open the basket halfway through the cooking time and check. Lift frying basket in order to turn or shake foods. Once complete, return the frying basket to the appliance and adjust temperature if needed. The timer will continue to count down when the basket is opened, but the Air Fryer will stop heating until the basket is replaced.

**WARNING:** Extreme caution must be used when handling the hot frying basket. Avoid escaping steam from the frying basket and the food.

**CAUTION:** Always use oven mitts when handling the hot air fryer basket.

**NOTE:** The Air Fryer can be turned OFF at any time by turning the timer dial to 0.

9. One beep will sound when the set air frying time has expired. The Air Fryer will turn OFF automatically. Both the red POWER light and the blue HEAT ON light will turn off.

10. Shake the frying basket vigorously and check food for browning and doneness. If additional air frying is needed, adjust temperature if desired, and set timer for 5 minute increments until fully cooked.

11. Allow cooked food to rest for 5 to 10 seconds before removing basket from Air Fryer or food from frying basket.

12. When air frying is finished, remove the basket from the machine and place on a flat, heat resistant surface.

13. Shake air fried foods out onto serving area. Promptly return the frying basket to the unit and secure into place. Continue with subsequent batches, if any.
14. When all air frying is completed, turn both the temperature control dial and the timer dial to 0 (OFF). Both the red POWER light and the blue HEAT ON light will turn off.

15. Unplug the Air Fryer when not in use.

**Helpful Hints**

1. Olive oil spray or vegetable oil works well for air frying.

2. Use your Air Fryer to cook pre-packaged foods with a fraction of the oil, in a fraction of the time! As a general rule, lower the recipe baking temperature by 50 °F and reduce the cooking time by 30% to 50% depending on the food and amount.

3. Do not overfill frying basket with food. NEVER fill any frying basket more than 2/3 full. When air frying fresh vegetables, we do not recommend adding more than 3 cups of food to the frying basket.

4. For best results, some foods need to be shaken vigorously or turned over during the air fry time. Consult the Air Frying Chart following as a general guide.

5. To avoid excess smoke, when cooking naturally high fat foods, such as chicken wings or sausages, it may be necessary to empty fat from the frying basket between batches.

6. Always pat food dry before cooking to encourage browning and avoid excess smoke.

7. Air fry small batches of freshly breaded foods. Press breading onto food to help it adhere. Arrange in frying basket so that food is not touching to allow air flow on all surfaces.

8. The Air Fryer can be used to reheat food. Set the temperature to 300 °F for up to 10 minutes.
Air Frying Chart

WARNING! ALWAYS USE A MEAT THERMOMETER TO ENSURE THAT MEAT, POULTRY AND FISH ARE COOKED THOROUGHLY BEFORE EATING. The following chart is intended as a guide only. The quantity of food air fried at one time, the thickness or density of the food, and whether the food is fresh, thawed, or frozen may alter the total cooking time necessary.

1. To assure even cooking/browning, open the frying basket halfway through the cooking time. Check, turn or vigorously shake foods in the frying basket. This chart lists average total air frying time, the time at which some action is required, and what action is to be taken for best results.

2. Remember, frying smaller batches will result in shorter cooking times and higher food quality. Adjust air frying temperatures and times as necessary to suit your taste.

IMPORTANT NOTE: Unless food is pre-packaged and pre-oiled, for browned and crispy results, all foods should be lightly oiled before air frying.

- Oil may be sprayed or brushed onto foods.
- Spray oils work well as oil is evenly distributed and smaller quantities of oil are needed.
- To ensure crispy results, make sure foods are dried before adding oil.
- Cut pieces smaller to create more surface area for crispier results.
- Blanching is a term that refers to pre-cooking foods at a lower temperature before the final air fry.
- Add 3 minutes to the AIR FRY TIME to allow the Air Fryer to preheat.
<table>
<thead>
<tr>
<th>FOOD</th>
<th>TEMP</th>
<th>AIR FRY TIME*</th>
<th>TIME</th>
<th>ACTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mixed Vegetables (roasted)</td>
<td>400 °F</td>
<td>15 - 20 minutes</td>
<td>8 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>Broccoli (roasted)</td>
<td>400 °F</td>
<td>15 - 20 minutes</td>
<td>8 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>Onion Rings (frozen)</td>
<td>400 °F</td>
<td>12 – 18 minutes</td>
<td>8 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>Cheese Sticks (frozen)</td>
<td>350 °F</td>
<td>8 – 12 minutes</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Fried Sweet Potato Chips (fresh, hand cut, 1/8 to 1/16-in. thick)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blanch (Step 1)</td>
<td>325 °F</td>
<td>15 minutes</td>
<td>8 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>Air Fry (Step 2)</td>
<td>350 °F</td>
<td>10 – 15 minutes</td>
<td>5 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>French Fries, (fresh, hand cut, 1/4 to 1/3-in. thick)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blanch (Step 1)</td>
<td>325 °F</td>
<td>15 minutes</td>
<td>8 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>Air Fry (Step 2)</td>
<td>350 °F</td>
<td>10 – 15 minutes</td>
<td>5 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>French Fries, thin (frozen) 3 cups</td>
<td>400 °F</td>
<td>12 – 16 minutes</td>
<td>8 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>French Fries, thick (frozen) 3 cups</td>
<td>400 °F</td>
<td>17 – 21 minutes</td>
<td>10 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>Meatloaf, 1 lb.</td>
<td>350 °F</td>
<td>35 – 40 minutes</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Hamburgers, 1/4 lb. (up to 4)</td>
<td>350 °F</td>
<td>10 – 14 minutes</td>
<td>(rare to well done)</td>
<td>—</td>
</tr>
<tr>
<td>Hot Dogs /Sausages</td>
<td>350 °F</td>
<td>10 – 15 minutes</td>
<td>6 minutes</td>
<td>turn over</td>
</tr>
<tr>
<td>Chicken Wings (fresh/thawed), Blanch (Step 1)</td>
<td>325 °F</td>
<td>15 minutes</td>
<td>8 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>Air Fry (Step 2)</td>
<td>350 °F</td>
<td>10 minutes</td>
<td>5 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>Chicken Tenders/Fingers, Blanch (Step 1)</td>
<td>350 °F</td>
<td>13 minutes</td>
<td>13 minutes</td>
<td>turn over</td>
</tr>
<tr>
<td>Air Fry (Step 2)</td>
<td>400 °F</td>
<td>5 minutes</td>
<td>3 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>Chicken Pieces</td>
<td>350 °F</td>
<td>20 - 30 minutes</td>
<td>10 minutes</td>
<td>turn over</td>
</tr>
<tr>
<td>Chicken Nuggets (frozen)</td>
<td>350 °F</td>
<td>10 - 15 minutes</td>
<td>5 minutes</td>
<td>shake</td>
</tr>
<tr>
<td>Catfish Fingers (thawed, battered)</td>
<td>400 °F</td>
<td>10 - 15 minutes</td>
<td>5 minutes</td>
<td>turn over</td>
</tr>
<tr>
<td>Fish Sticks (frozen)</td>
<td>400 °F</td>
<td>10 - 15 minutes</td>
<td>5 minutes</td>
<td>turn over</td>
</tr>
<tr>
<td>Apple Turnovers</td>
<td>400 °F</td>
<td>10 minutes</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Donuts</td>
<td>350 °F</td>
<td>8 minutes</td>
<td>4 minutes</td>
<td>turn over</td>
</tr>
<tr>
<td>Fried Cookies</td>
<td>350 °F</td>
<td>8 minutes</td>
<td>4 minutes</td>
<td>turn over</td>
</tr>
</tbody>
</table>

*Add 3 minutes to the AIR FRY TIME to allow the Air Fryer to preheat.*
PLEASE NOTE:
The USDA recommends that meats such as beef and lamb, etc. should be cooked to an internal temperature of 145 °F/63 °C. Pork should be cooked to an internal temperature of 160 °F/71 °C and poultry products should be cooked to an internal temperature of 170 °F/77 °C - 180 °F/82 °C to be sure any harmful bacteria has been killed. When reheating meat/poultry products, they should also be cooked to an internal temperature of 165 °F/74 °C

User Maintenance Instructions
This appliance requires little maintenance. It contains no user-serviceable parts. Any servicing requiring disassembly other than cleaning must be performed by a qualified appliance repair technician.

Care & Cleaning Instructions
WARNING! Allow the Air Fryer to cool fully before cleaning.

1. Unplug the Air Fryer. Remove frying basket from the unit. Make sure the frying basket and crisping tray have cooled completely before cleaning.

2. Wash the basket and crisping tray in hot soapy water. Do not use metal kitchen utensils or abrasive cleansers or cleaning products as this may damage the non-stick coating.

3. The frying basket and crisping tray are dishwasher-safe. For best results, place in the top rack of your dishwasher to clean.

4. Wipe the Air Fryer body with a soft, non-abrasive damp cloth to clean.

Storing Instructions
1. Make sure the Air Fryer is unplugged and all parts are clean and dry before storing.

2. Never store the Air Fryer while it is hot or wet.

3. Store Air Fryer in its box or in a clean, dry place.
Stuffed Eggplant Boats

Serves 4

2 (6-inch) eggplants
2 tablespoons salt
1/3 cup chopped onions
6 oz. Italian sausage, bulk or casing removed
1/2 cup Italian tomato sauce
2 cloves garlic, minced
1 cup shredded mozzarella
2 tablespoons Parmesan cheese
2 tablespoons olive oil
Kosher salt
fresh ground black pepper to taste

1. Cut tops off eggplants; then slice in half horizontally.
2. Scoop flesh from eggplants halves to make boats. Chop insides into small 1/4” pieces and place in colander over a plate or in the sink.
3. Salt eggplant pieces. Salt eggplant halves (boats) and place cut side down in colander. Allow eggplant to drain for 40 minutes to 2 hours.
4. Rinse pieces and each eggplant boat under cold water.
5. Prepare filling: Sauté onions and sausage until golden brown. Add tomato sauce, eggplant pieces and garlic. Simmer for 20 minutes.
6. Allow stuffing to cool. Add mozzarella and mix well.
7. Place 4 eggplant shells into the basket.
8. Set Air Fryer to 350° and air fry for 15 minutes.
9. Remove par-cooked eggplant boats. Brush insides with olive oil and sprinkle salt and pepper to taste.
10. Stuff eggplant boats and top with Parmesan cheese.
11. Add 2 stuffed eggplant boats to the frying basket.
12. Set Air Fryer to 400° and air fry for 10 minutes.
13. Check eggplant with a fork. Remove cooked eggplant boats from frying basket, or replace frying basket and set timer to air fry for 5 minute intervals until fully cooked.
14. Repeat with 2 remaining stuffed boats.
Recipes

Stuffed Chicken Breasts

Serves 3

3 large skinless, boneless chicken breasts, pounded
1/2 box (3 oz.) Stove Top® (or any boxed stuffing mix)
1/2 cup water

1 egg, beaten
seasoned salt, to taste
garlic salt, to taste
freshly ground black pepper, to taste

1. Place chicken breast between 2 pieces of plastic wrap. To prevent shredding, add a small splatter of water between the chicken and the wrap. Pound the thickest parts of the chicken breasts and flatten to a consistent 1/4- to 3/8-inch thickness.

2. In a medium mixing bowl, add stuffing mix and water. Let stuffing stand for 5 minutes. Add beaten egg and mix well.

3. Add 1/2 cup stuffing to the center of each chicken breast.

4. Roll each breast and place seam side down into the frying basket.

5. Sprinkle seasoned salt, garlic salt and black pepper over the tops of each rolled chicken breast.


7. An audible beep can be heard when the air frying time has expired. Cut a slit into the thickest piece of chicken to test doneness. When done, juices should run clear. **NOTE:** Air frying times may vary based on size and thickness of chicken breast.

8. Remove cooked chicken breasts from frying basket, or replace frying basket and set timer to air fry for 5 minute intervals until fully cooked.
Recipes

Air Fried Bacon Topped Meatloaf

1-1/2 lbs. – 2 lbs. ground beef,  80/20
1 cup Italian seasoned bread crumbs
1/2 cup ketchup
3 tablespoons milk
1 teaspoon salt

1 teaspoon pepper
1-1/2 tablespoons dried onion
2 large eggs, beaten
2 strips thin sliced bacon
barbecue sauce of your choice

1. Combine meatloaf ingredients in a medium mixing bowl.
2. Shape into a loaf. Add to frying basket.
3. Set Air Fryer to 350 ºF and air fry for 20 minutes.
4. When the air frying time expires, cut bacon strips in half and add to top of meatloaf. Brush with your favorite barbecue sauce. Replace frying basket.
5. Set timer to air fry for 15 minutes.
6. Allow meatloaf to rest for 15 minutes. Remove from frying basket. Test meatloaf for doneness. Remove from frying basket, or replace frying basket and set timer to air fry for 5 minute intervals until fully cooked.
**Francheezie Sliders**

**Makes: 12 Sliders**

- 6 rashers bacon
- 4 hot dogs
- 1/4 cup shredded cheddar cheese
- 12 Hawaiian dinner rolls

1. Depending on the size of the hot dogs, cut each hot dog into 2 or 3 equal piece. Cut each rasher of bacon in half.

2. Split tops of hot dogs and pull slightly to open.

3. Add a pinch of shredded cheddar cheese. Wrap in 1/2 piece of bacon.

4. Set Air Fryer to 350º and air fry for 15 minutes. Check and turn hot dogs halfway through cooking.

5. Serve Francheezies with mustard and “the works” on Hawaiian dinner rolls

**Air Fried Sweet Potato Chips**

- 1 large sweet potato
- 2 teaspoons vegetable oil
- Cinnamon sugar or brown sugar, optional

1. Wash the sweet potato and peel if desired.

2. If available, use a mandolin to cut thin and even potato chips.

3. To cut by hand, first cut potato in half, and with the flat side on the cutting board, hand cut into very thin chips.

4. Place vegetable oil into a large bowl. Add raw potatoes and use your hands to mix well, making sure every chip is oiled on all sides.

5. Transfer oiled chips to the frying basket.

6. Set Air Fryer to 325 °F and air fry for 15 minutes. Shake the frying basket vigorously halfway through air fry time.

7. Increase heat to 350 °F and air fry for 10 minutes. Shake the frying basket vigorously halfway through air fry time.

8. Remove from Air Fryer. Sprinkle hot chips with cinnamon sugar or brown sugar for a special sweet treat.
Air Fried Chicken Tenders

1 -1-1/2 lb. chicken tenders (8 tenders per package) 1 tablespoon honey mustard
1 tablespoon mayonnaise 1/2 – 3/4 cup panko bread crumbs, seasoned
Spray olive oil

1. Use chicken tenders whole or cut 8 chicken tenders into pieces.
2. Set up 2-bowl breading station:
   • Add mayonnaise and honey mustard to a small bowl. Mix well.
   • Add bread crumbs to a plate; place it next to the mayonnaise bowl.
3. Working one piece at a time, use a brush or knife to apply honey mustard on both sides of the chicken. Dip and use a fork to press and coat both sides with panko bread crumbs.
4. Add 4 breaded chicken tenders (half the chicken) to the air frying basket. Allow air circulation on all sides of each chicken piece for best browning.
5. Spray with olive oil. (optional)
6. Set Air Fryer to 350 ºF and air fry for 10 minutes. Turn chicken at 5 minutes.
7. Set Air Fryer to 400 ºF and continue to air fry for 5 minutes. Turn chicken at 3 minutes.
   NOTE: Air frying times may vary depending on the size and thickness of tenders. Always use a meat thermometer to check for doneness.
8. Repeat with remaining chicken.
Fish & Chips

Fried Catfish Nuggets

Makes 12 nuggets
Serves 3 to 4

Treat your family to a delicious Fish & Chips dinner. These sweet and juicy catfish nuggets are crunchy good and pair fabulously with fresh hand cut French fries (recipe follows). Serve with fresh slaw and the meal is complete!

1 catfish filet
1/2 cup flour
1 tablespoon Old Bay® seasoning

1 egg + 1 egg white
1 cup seasoned panko bread crumbs
olive oil spray

1. Cut the catfish into strips approximately 1-inch by 2.5-inches in length.
2. Season each piece of fish, top and bottom, with Old Bay® seasoning.
3. Set up 3-bowl breading station:
   • Flour
   • Whisk egg and egg white until well blended
   • Panko bread crumbs
4. Place each piece of catfish into the flour. Pat gently with your hands to remove any excess.
5. Dip both sides into egg.
6. Dip and use a fork to press and coat both sides with panko bread crumbs.
7. Add 4 to 6 pieces to air frying basket. Allow air circulation on all sides of each fish piece for best browning.
8. Spray with olive oil. (optional)
9. Set Air Fryer to 400 °F and air fry for 8 to 10 minutes. Turn fish at 5 minutes.
10. Repeat with remaining fish.
Chips (Fresh Hand Cut French Fries)

Serves 3 to 4

2 russet potatoes
Kosher salt, to taste
4 teaspoons vegetable oil

Brine

6 to 8 cups water
4 tablespoons salt

1. Cut potatoes into 1/4” x 1/4” French fries. Two medium potatoes will yield 4 cups raw cut potatoes. It is best to fry in 2 batches.

2. Soak potatoes in brine for 1 hour to overnight.

3. Dry on clean kitchen towel.

4. Place 4 teaspoons of vegetable oil into a large bowl. Add raw potatoes and use your hands to mix well, making sure every potato is oiled on all sides.

5. Transfer oiled potatoes to the frying basket.

6. Set Air Fryer to 325 °F and air fry for 15 minutes. Shake the frying basket vigorously halfway through air fry time.

7. Increase heat to 350 °F and air fry for 10 minutes. Shake the frying basket vigorously halfway through air fry time.

8. Remove from Air Fryer and add Kosher salt, or your choice of seasonings, to taste.

9. Repeat with remaining potatoes.
Air Fried Chicken Wings 2 Ways

6 fresh or frozen (thawed) chicken wings
olive oil spray
1/8 cup flour
2 tablespoons Tony’s® Creole seasoning
1 egg + 1 egg white
3/4 cup seasoned panko bread crumbs
Kosher salt, to taste

Brine
2 cups water
1/4 cup Ponzu
1 tangerine (may substitute orange or any citrus)

1. Trim chicken wings into drummettes, flats, tips.
   **HINT:** Save/Freeze wing tips for soups or stocks for later use.
2. Add chicken and brine to a bowl or resalable container. Refrigerate for 1 hour to overnight.
3. Drain chicken wings and discard brine.
4. Place wings on a clean kitchen town and wrap to dry.

Naked Air Fried Chicken Wings
5. Set Air Fryer to 325 ºF and air fry for 15 minutes. Turn wings over.
6. Increase temperature to 350 ºF for 10 minutes.

Breaded Air Fried Chicken Wings
7. Set up 3-bowl breading station:
   • Add Old Bay® seasoning to flour
   • Whisked egg and egg white
   • Panko bread crumbs
8. Place each wing piece into the flour. Pat gently with your hands to remove any excess.
9. Dip both sides into egg.
10. Dip and use a fork to press and coat both sides with panko bread crumbs.
11. Add to air frying basket.
12. Spray with olive oil.
13. Set Air Fryer to 325 °F and air fry for 15 minutes. Turn wings over.
14. Increase temperature to 350 °F for 10 minutes

**Apple Turnovers with Vanilla Drizzle**

Makes 6 large turnovers

1 frozen, prepared puff pastry sheet, thawed
3/4 cups apple pie filling (or any prepared flavor of your choice)
1/2 teaspoon cinnamon
3 teaspoons golden raisins (optional)

**Vanilla* Drizzle**

1/2 cup confectioner’s sugar
1 tablespoon milk
1/4 teaspoon vanilla* extract

**Chocolate Drizzle**

1/2 cup confectioner’s sugar
2 tablespoons cocoa powder (unsweetened)
1 tablespoon milk
1/4 teaspoon vanilla* extract

*May substitute caramel, maple, almond, lemon, or orange extract.

1. Prepare icings to drizzle on turnovers. Combine ingredients in a small bowl and mix well.
2. Unfold thawed puff pastry sheet onto a lightly floured surface.
3. Using a sharp knife, cut puff pastry sheet down the middle, and then into thirds to make 6 (5-in. x 5-in.) squares.
4. Spoon 2 tablespoons filling into the center of each square.
4. Fold pastry over the filling to form a triangle. Crimp edges with a fork to seal. Add 2 large turnovers to the frying basket.

5. Set Air Fryer to 400° and air fry for 10 minutes.

6. Remove turnover from frying basket. Allow to cool.

7. Repeat with 4 remaining turnovers.

8. Use a small spoon to drizzle vanilla in a zig zag pattern over the top.

*May substitute any flavor prepared canned pie filling.

**Variation: Cherry Turnovers with Chocolate Drizzle**

1. Follow the turnover recipe above. Use cherry pie filling.

2. Drizzle with chocolate icing.

3. Serve warm turnovers topped with your favorite ice cream.

**Air Fried Oreos**

1 small tube pre-made (refrigerated) Crescent Rolls (8/pack)

8 Oreo® cookies (or any other sandwich cookie of your choice)

1/4 cup mini chocolate chips (optional)

1. Unroll and flatten biscuit dough on a working surface. Cut each 4 triangles into 4 equal squares. Place a cookie into the center of each square. Use your hands and fold, then mold to fit around cookie.

2. Sprinkle chocolate chips over the tops of the wrapped cookies.

3. Set Air Fryer to 350 °F and air fry for 8 to 8-1/2 minutes.

**NOTE:** Leftovers can be warmed in the microwave oven for 3 to 5 seconds.
Air Fried Donuts and Donut Holes

1 tube pre-made (refrigerated) “Flaky Layer” biscuits
3 tablespoons butter, melted

Cinnamon sugar, brown sugar, or powdered sugar
Jelly, jam, fruit preserves of your choice

Plain (unfilled) donuts:
1. Each biscuit makes a perfect donut. Use a 1-inch cookie cutter, small cap or hand cut the center hole. Try not to flatten!
2. Set Air Fryer to 350 ºF and air fry for 5 minutes. Check and turn donuts over at 3 minutes.
3. Prepare donut holes separately. Air fry donut holes for 3 minutes.
4. Brush warm donuts and donut holes with butter, then sprinkle with sugar and serve fresh donuts warm out of the frying basket.
5. If desired, prepare vanilla and/or chocolate drizzle and add to warm, freshly air fried donuts.

Filled donuts:
1. On a clean working surface, stretch dough and add 1 teaspoon filling.
2. Encase the filling and shape into a slightly flattened ball.
3. Set Air Fryer to 350 ºF for 8 to 10 minutes. Turn donuts over at 5 minutes.
4. Brush warm donuts with butter, then sprinkle with sugar and serve fresh donuts warm out of the frying basket.
5. If desired, prepare vanilla and/or chocolate drizzle and add to warm, freshly air fried donuts.

NOTE: Leftovers can be warmed in the microwave oven for 3 to 5 seconds
Limited Two-Year Warranty

SENSIO Inc. hereby warrants that for a period of TWO YEARS from the date of purchase, this product will be free from mechanical defects in material and workmanship, and for 90 days in respect to non-mechanical parts. At its sole discretion, SENSIO Inc. will either repair or replace the product found to be defective, or issue a refund on the product during the warranty period.

Exclusions:
The warranty does not cover normal wear of parts or damage resulting from any of the following: negligent use of the product, use of improper voltage or current, improper routine maintenance, use contrary to the operating instructions, disassembly, repair, or alteration by anyone other than qualified SENSIO Inc. personnel. Also, the warranty does not cover Acts of God such as fire, floods, hurricanes, or tornadoes.

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How To Obtain Warranty Service:

You must contact Customer Service at our toll-free number: 1-866-832-4843. A Customer Service Representative will attempt to resolve warranty issues over the phone. If the Customer Service Representative is unable to resolve the problem, you will be provided with a case number and asked to return the product to SENSIO Inc. Attach a tag to the product that includes: your name, address, daytime contact telephone number, case number, and description of the problem.

Also, include a copy of the original sales receipt. Carefully package the tagged product with the sales receipt, and send it (with shipping and insurance prepaid) to SENSIO Inc.’s address. SENSIO Inc. shall bear no responsibility or liability for the returned product while in transit to SENSIO Inc.’s Customer Service Center.